

SKUPINOVÁ MOBILITA: IES FRANCISCO SALZILLO Alcantarilla, Murcia, Španělsko

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PROJEKT: Active EU Citizen: I love myself

Daily routine in Alcantarilla, Spain

Introduction – how it is different from home

I went on Erasmus to a Spanish town called **Alcantarilla, near the city Murcia**. It was my first time staying in Spain and I saw that **many things are different than in my country**, the Czech Republic.



The first big difference is school time. In the Czech Republic we usually start school earlier, but in Alcantarilla **school starts at 8:30**. It was nice because in the morning I did not have to hurry so much. But because school starts later, **it also finishes later**, so the whole day is a bit moved.

The meal times are not the same, too. At home we have lunch around 12:00, but in Spain **we often had lunch around 3 pm**. The dinner is also very late. **Sometimes we ate after 9 pm**, when in the Czech Republic I am already thinking about going to sleep.

The weather was different too. I was there in February. In the Czech Republic it is usually cold and grey, but in Alcantarilla **it was much warmer and sunnier**, many times I needed only a hoodie.

Spanish people also have different daily rhythm. In the evening the streets are still full, kids play outside and people sit in bars and cafés. I liked this very much.

My typical day in Alcantarilla on a normal school day

I usually woke up around 7:00 am. First, I made my bed and got dressed. Then I went to the kitchen for breakfast. **Breakfast was often something sweet – a muffin or a small chocolate cake, and a glass of milk.** For me it was funny, because at home I don't eat cake for breakfast so much.

After breakfast I went to the bathroom. I washed my face, brushed my teeth and brushed my hair. Then I went back to my room and prepared my school bag. I checked if I have pencil case, snack and water bottle. If I finished early, I sometimes checked my phone for a few minutes.

Around 8:15 am we left the house and walked to school. The way was not very long. I saw other students with backpacks and small shops opening. The town in the morning was quiet but nice.



School in Alcantarilla started at 8:30 am. In the classroom **there were students from different countries, not only from Spain, and it was not because of Erasmus, but because they moved to Spain from Columbia, China, Russia etc.** So, we spoke a lot of English, sometimes also

a bit of Spanish. The first day for example our classmates explained some **commonly used Spanish words** like *Hola*, *Adios* or *Gracias*.

We had different subjects – topics based on **Erasmus programme or typical classes of English or Biology**. In general, it was more about talking with each other about these topics to discuss them further. Teachers often let us work together and asked our opinion, which I liked.



In the morning we had a longer break (45mins), when we could eat a small snack or talk with friends. The atmosphere at school felt friendly, even when we had to work.

School usually finished around 3:00 pm. It was strange for me, because at home I eat lunch much earlier. From school we went back home for lunch.

We ate around 3:30 pm. It was the main meal of the day. Many times, we had chicken steak with fries, sometimes mini pizzas or pasta. The food was tasty and we talked about our day.

After lunch we stayed at home and had some rest time – **they call it siesta**. We sat on the sofa, looked at our phones, listened to music or wrote messages to family and friends. It was nice to relax a bit, because the day in Spain is quite long.

We usually went out again around 5 or 6 pm. **We often just walked around the town, looked at the streets, houses and small squares.** I liked watching how people live there.

Sometimes we went to a park. Another time **we went to a jump park**, where we jumped on trampolines and had a lot of fun. On such days **we sometimes came back home around 10 pm.**



We did not always eat dinner at the same place. Sometimes we had dinner outside in a bar or small restaurant, other times we ate at home. We ate things like pizza, tortilla, pasta or salad. Dinner was late, but after walking and playing I was hungry again.

When we came home in the evening, we still had a bit of time together. We sat in the living room, talked, maybe watched TV or listened to music. Of course, I also checked my phone again.

Then I prepared things for the next day and did my evening hygiene – shower and teeth. **I usually went to bed after 11 pm**, which is later than at home, but I was tired and fell asleep fast.

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